

Lyon County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- Rank #1 Need for recognition, education, treatment, and support for mental health issues. Majority of community members interviewed indicated that depression, mental health issues and dementia were viewed as undertreated and unsupported. Iowa Youth Survey for Lyon County also shows that 11% of 6th, 8th and 11th grade students have made a plan of how to attempt suicide, and 10% indicated that they have made an attempt in the past 12 months.

Prevent Injuries

Problems/Needs:

None identified

Protect Against Environmental Hazards

Problems/Needs:

- Lack of awareness for need for water testing of private wells.
- Lack of fluoridation in municipal water systems excepting Rock Rapids Municipal water.

Prevent Epidemics and the Spread of Disease

Problems/Needs:

- Rank #2 Inadequate adolescent and adult immunization rates. According to most recent CoCASA report Health Services of Lyon County has 1% of adolescents (age 13 - 15) in their medical home completely up to date with immunizations which includes: 3 Hep B, 1 Meningitis, 2 MMR, 1Td or Tdap, 2 Varicella and 3HPV.

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

None identified

Strengthen the Public Health Infrastructure

Problems/Needs:

- Lack of available transportation for the elderly to access health services.
- Lack of local (county) dentists and optometrists who accept Medicaid patients. Currently only one dentist in the county accepts Medicaid clients, and no optometrists. Therefore, these clients need to access care in another county.

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase awareness in the county of mental health issues, and improve knowledge and access to resources and treatment options.	1. Develop a mental health planning committee to address concerns and solutions.	Health Services of Lyon County	Fall 2010 - Schedule first meeting in November.

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase percentage of adolescents in our medical home who are fully immunized from 1% to 10%.	1. Audit immunization records of students in grades 6 - 10 in all schools to assess immunization status, and develop a spreadsheet to see what each student needs to be fully immunized.	Health Services of Lyon County with assistance of Northwestern College Nursing Students.	November 2010
	2. Develop and send a letter to parents of students identified informing them of exactly what immunizations their children need to be fully immunized, and how to obtain the vaccines.	Health Services of Lyon County.	Jan - May 2011
	3. Update websites, and place newspaper ads informing parents of need for immunizations for both their adolescent children and themselves.	Health Services of Lyon County	November 2010 - Dec 2015
	4. Develop a social network site for agency to include information regarding immunizations.	Health Services of Lyon County	2011 - 2015